



NUMÉROS UTILES

MÉTÉO 32 50

SECOURS 112
SAMU 15
POMPIERS 18

Hiking record



RANDONNÉES
PÉDESTRES

HIKER'S CHARTER



Stay on marked paths and trails



Do not throw trash, take them with you



Respect fences and closed gates



Remain civil with the residents and other nature users



Pay attention to crops and animals



Be silent and discreet, to observe the fauna and flora without touching it



Take account into hunters' instructions during traditional hunting periods



Respect the reception, signalling and marking equipment



Do not fire or smoke in the woods or near edges and undergrowth



Respect other practitioner's hikers, riders and cyclists



RECOMMENDATIONS



EQUIPMENT

- Avoid leaving alone
- Warn your loved ones of your itinerary
- Do not overestimate yourself, mark the course and choose it according to your physical abilities
- Do not forget the map of the area concerned (IGN Top 25 preferably), a compass
- If possible, plan a fall back solution if there is a problem (shelter or other route)
- Avoid going in bad weather and adapt your route according to the seasons (violent storms in summer, avalanches in spring)
- In case of thunderstorms, avoid using the telephone and the electric devices, do not shelter under the trees

- Wear, even in summer, hiking clothing suitable for all weather, walking shoes adapted to the terrain and your feet, a backpack, essential accessories (water bottle, knife, pharmacy, flashlight, compass, hat) as well as walking sticks
- Remember to take enough water, avoid drinking water streams
- Bring energy foods high in protein, carbohydrates and fructose such as cereal bars, fruit pastes, dried fruits ... etc



Forest fire prevention

From the 1st June to the 15th of september Before going on a hike, learn about the risk of the day : <https://www.prevention-incendie66.com/> or call at the nbr 04 68 38 12 05



Itinerary between oak and arbutus trees. Thanks to the trail named "écoliers" you will be able to discover the typical Mediterranean flora. From the "Calcine" which peaks at 600m in height, the highest point of view of this hiking offers a superb sight over the sea and the Roussillon lowland, which is surrounded by the Albères and Corbières mountains as well as the Aspres mountainside.

LA CALCINE

6,4 km – 2H30

496 m



OMS TOWN HALL

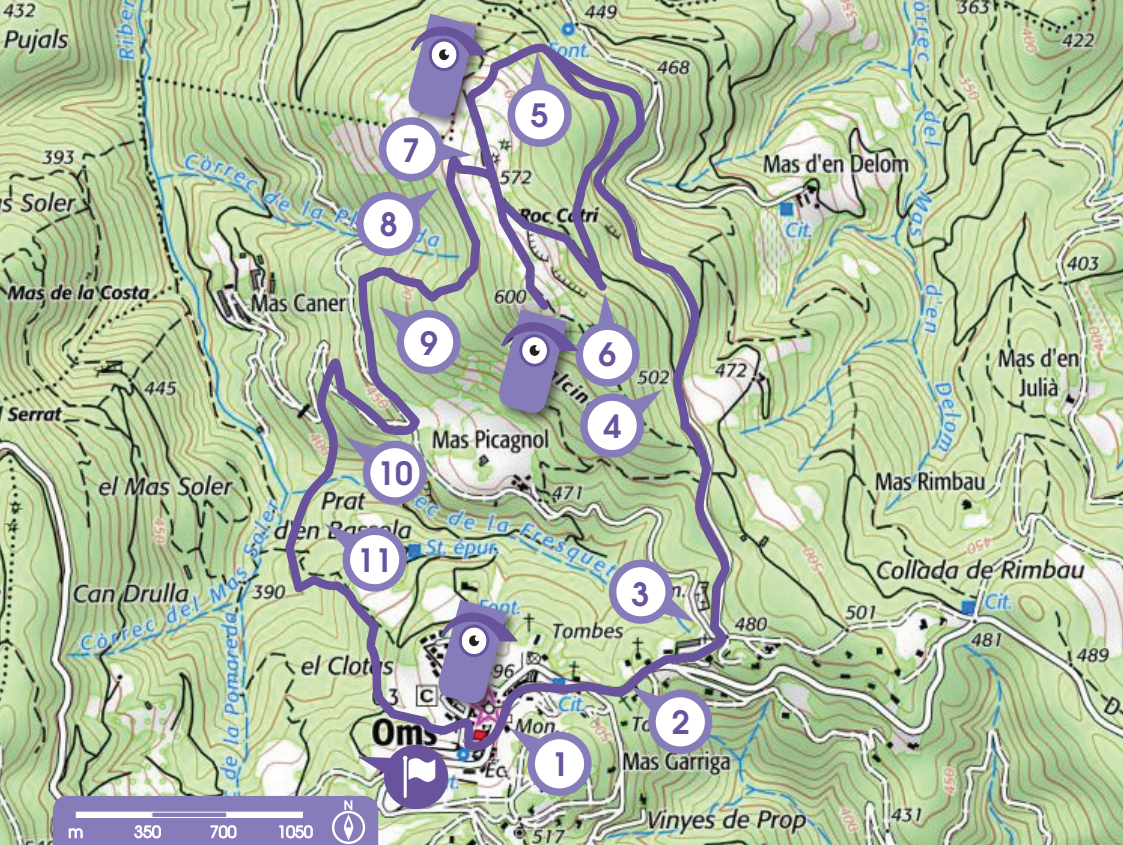


The Calcine Tour in Oms



View of the Calcine





Licence IGN



BY CAR : The beginning of the hike is located on the city hall's parkway.

ON FOOT : From the fountain, go back to the town hall and follow the D13 towards Llauro (on the left). The trail is marked in both directions (it is better for the hike to follow the direction indicated on the sheet)

- 1 Take the first right «Carrer del Roc del Ram». Loops back to the D 13 on about 500 meters to leave the village.
- 2 Turn left toward the direction of Mas Picagnol, La Calcina.
- 3 Take the third on the left (DFCI A9) during approximately 800 meters.
- 4 Just after the lime kiln takes the path that climbs on the left (close the gate and hold your dog on a leash). Cross the forest of cork oaks and holm oaks.

- 5 Turn left on the track. Then take the first path on the left. Climb up, the first breakthroughs offer a view of Perpignan, and Corbières massif. The view will be more unobstructed on Catri Roc which looks like a dog or a lion depending on your position or imagination.
- 6 Once at the top, at the school sign, continue straight ahead to take the school trail and reach point 7. Otherwise, turn right and go down until you meet a track.
- 7 At the top, an orientation table awaits you. Continue straight to go back to point 600 and admire the view of the village of Oms. According to the seasons, different smells of thyme and lavender can be felt.
- 8 Turn right to a gate; follow the path (300 meters) which at one point turns right and goes down to a second gate.
- 9 Take the track on the left. Then turn right following the sign «Canard bien élevé du Mas Cané»
- 10 Leave this track after around 500 meters and pass the gate on the left. Get off the path and pass another gate. Continue straight until the gate and turn left to go up a small path that runs along the gardens.
- 11 Turn right when you reach a stone «casot». Follow this path that goes up to reach the parking lot.



The village of Oms



It's worth the detour

PARISH CHURCH OF ST. JOHN THE EVANGELIST

Romanesque church dating probably from the 12th century. It still contains a 12th century sarcophagus and four monuments of Holy Thursday



Parish Church of St. John the Evangelist



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THE PUPIL PATH

It will make you discover the typical flora of the region. It was realized in 2008 by the students of the school of Oms.